

Parc at Piedmont - Ageless Living Calendar

APRIL 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated Seniorize - FC</p> <p>11:00 Bingo - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>1:00 Current Affairs with Don - MR</p> <p>2:30 Grocery Shopping Shuttle***</p> <p>4:00 WII Bowling Practice - BC</p> <p>7:00 MOVIE NIGHT - The King's Speech - MR</p>	<p>8:45 - 9:15AM Peaceful Pause - FC</p> <p>10:00 Poised Power Practice - FC</p> <p>10:30 Bible Study: Mt. Bethel - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 LUNCH OUTING *** Marietta Diner & Atlanta Botanical Gardens.</p> <p>3:00 PLANTIN' PALS - Basil & Lemongrass</p>	<p>NATIONAL WALKING DAY</p> <p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated SHEILA-cize - FC</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>1:30 Pinochle Lessons*** - MR</p> <p>3:00 BE A VOLUNTEER - MR Learn About & Sign Up for Volunteer Opportunities</p> <p>4:00 WII Bowling Practice - BC</p> <p>7:00 MOVIE NIGHT: Educating Rita - MR</p>	<p>8:45 - 9:15AM Peaceful Pause - FC</p> <p>10:00 Poised Power Practice - FC</p> <p>11:00 Blood Pressure Check - LIB</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 Seated Yoga with Melanie - FC</p> <p>2:00 Bingo - MR</p> <p>2:30 Grocery Shopping Shuttle***</p> <p>3:00 COURTYARD CORNHOLE (Beer and Wine Available to Players Only)</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated SHEILA-cize - FC</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>1:30 HAPPY HOUR: Live Music - RO</p> <p>3:00 - 4:00pm Rummikub</p> <p>7:00 DOCU-NIGHT: Misha and the Wolves - MR</p>	<p>SYNAGOGUE TRANSPORT BY APPOINTMENT**</p> <p>10:00 Eskrima - Balance and Agility - FC</p> <p>11:00 DAILY DELIGHT - LIB</p>
<p>10:15 Hymn Sing-A-Long - RO</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 - 2:30pm SUNDAY BRUNCH</p> <p>7:00 MOVIE NIGHT: The Commuter</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated Seniorize - FC</p> <p>11:00 Bingo - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>2:00 A Talk with Author Buck Buchanan - MR</p> <p>2:30 Grocery Shopping Shuttle***</p> <p>4:00 WII Bowling Practice - BC</p> <p>7:00 MOVIE NIGHT: My Fair Lady - MR</p>	<p>8:45 - 9:15AM Peaceful Pause - FC</p> <p>10:00 Poised Power Practice - FC</p> <p>10:30 Bible Study: Mt. Bethel - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 LUNCH OUTING*** - Lunch at Goldberg's Deli & Tour of Governor's Mansion</p> <p>3:00 Boozy Brain Battle - TRIVIA</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated SHEILA-cize - FC</p> <p>10:15 Parc Veterans Club Meeting*** - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>4:00 WII Bowling Practice - BC</p> <p>4:30 Bunco - MR</p> <p>6:30 Sing Along with Kelly - RO</p> <p>7:00 MOVIE NIGHT: Les Miserables - MR</p>	<p>8:45 - 9:15AM Peaceful Pause - FC</p> <p>10:00 Poised Power Practice - FC</p> <p>10:30 - 2:30pm Locksley Jewelry Repair / Sale - RO</p> <p>11:00 Blood Pressure Check - LIB</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 Seated Yoga with Melanie - FC</p> <p>2:00 Bingo - MR</p> <p>2:30 Grocery Shopping Shuttle***</p> <p>3:00 COURTYARD CORNHOLE (Beer and Wine Available to Players Only)</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated SHEILA-cize - FC</p> <p>10:30 Holy Family: Mass - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>1:30 HAPPY HOUR: with Craig Gleason - RO</p> <p>3:00 - 4:00pm Rummikub</p> <p>7:00 MOVIE NIGHT: Queen Bees</p>
<p>10:15 Hymn Sing-A-Long - RO</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 - 2:30pm SUNDAY BRUNCH</p> <p>7:00 MOVIE NIGHT: NYAD</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated Seniorize - FC</p> <p>11:00 Bingo - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>2:30 Grocery Shopping Shuttle***</p> <p>4:00 WII Bowling Practice - BC</p> <p>7:00 MOVIE NIGHT: Charlie Wilson's War - MR</p>	<p>NATIONAL PAJAMA DAY</p> <p>8:45 - 9:15AM Peaceful Pause - FC</p> <p>10:00 Poised Power Practice - FC</p> <p>10:30 Bible Study: Mt. Bethel - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 SCENIC OUTING*** - Fuller's Park</p> <p>1:30 FIRE & EMERGENCY SAFETY - COBB COUNTY FIRE DEPT - RO</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated SHEILA-cize - FC</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>1:30 Pinochle Lessons*** - MR</p> <p>2:30 ShapeShift with SHEILA - Learn how and why to eat for your health!***</p> <p>4:00 WII Bowling Practice - BC</p> <p>7:00 MOVIE NIGHT: Australia</p>	<p>8:45 - 9:15AM Peaceful Pause - FC</p> <p>10:00 Poised Power Practice - FC</p> <p>11:00 Blood Pressure Check - LIB</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:00 - 4:00PM Leon's Pop Up Sales</p> <p>11:30 Seated Yoga with Melanie - FC</p> <p>2:00 Bingo - MR</p> <p>2:30 Grocery Shopping Shuttle***</p> <p>3:00 COURTYARD CORNHOLE (Beer and Wine Available to Players Only)</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated SHEILA-cize - FC</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>2:00 HAPPY HOUR - with Music to My Ears</p> <p>3:00 - 4:00pm Rummikub</p> <p>7:00 DOCU-NIGHT: This is a Robbery, The World's Biggest Art Heist</p>
<p>10:15 Hymn Sing-A-Long - RO</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 - 2:30pm SUNDAY BRUNCH</p> <p>7:00 MOVIE NIGHT: The Equalizer 3 - MR</p>	<p>EARTH DAY</p> <p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated Seniorize - FC</p> <p>11:00 Bingo - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>2:30 Grocery Shopping Shuttle***</p> <p>4:00 WII Bowling Practice - BC</p> <p>7:00 MOVIE NIGHT: An Affair to Remember - MR</p>	<p>8:45 - 9:15AM Peaceful Pause - FC</p> <p>10:00 Poised Power Practice - FC</p> <p>10:30 Bible Study: Mt. Bethel - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 TOUR WITH JIM HOWE*** - Decatur & East Atlanta. Lunch @ Cafe Lilly</p> <p>3:00 Boozy Brain Battle - TRIVIA</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated SHEILA-cize - FC</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>4:00 WII Bowling Practice - BC</p> <p>4:30 Bunco - MR</p> <p>6:30 Sing Along with Kelly - RO</p> <p>7:00 MOVIE NIGHT: Cinderella Man - MR</p>	<p>8:45 - 9:15AM Peaceful Pause - FC</p> <p>10:00 Poised Power Practice - FC</p> <p>11:00 Blood Pressure Check - LIB</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 Seated Yoga with Melanie - FC</p> <p>2:00 Bingo - MR</p> <p>2:30 Grocery Shopping Shuttle***</p> <p>3:00 COURTYARD CORNHOLE (Beer and Wine Available to Players Only)</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated SHEILA-cize - FC</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>1:30 HAPPY HOUR - with Joshua Hamilton</p> <p>3:00 - 4:00pm Rummikub</p> <p>7:00 MOVIE NIGHT: Elvis</p>
<p>10:00 COMMUNION: Holy Family Catholic Church - MR</p> <p>10:15 Hymn Sing-A-Long - RO</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 - 2:30pm SUNDAY BRUNCH</p> <p>7:00 MOVIE NIGHT: Burlesque - MR</p>	<p>8:45 - 9:10AM 25min Challenge - How Far Can You Go?</p> <p>10:00 Seated Seniorize - FC</p> <p>11:00 Bingo - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>1:00 Cultivating Happiness with Amanda Lawson</p> <p>2:30 Grocery Shopping Shuttle***</p> <p>4:00 WII Bowling Practice - BC</p> <p>7:00 MOVIE NIGHT: The Five People You Meet in - MR</p>	<p>8:45 - 9:15AM Peaceful Pause - FC</p> <p>10:00 Poised Power Practice - FC</p> <p>10:30 Bible Study: Mt. Bethel - MR</p> <p>11:00 DAILY DELIGHT - LIB</p> <p>11:30 LUNCH OUTING***Lunch at Johnboy's Homecooking and Trip to Gibbs Gardens</p> <p>3:00 What Is It? VISUAL TRIVIA (Beer and Wine Served for Players Only)</p>	<div style="text-align: center;">  <p>symbolizes purity, innocence and joy, reminding us to find beauty in life's simple moments.</p> </div> <div style="float: right; width: 200px;"> <p>KEY</p> <p>The Terraces.....TER</p> <p>Balcony.....BA</p> <p>Business Center.....BC</p> <p>Fitness Center.....FC</p> <p>Media Room.....MR</p> <p>Library.....LIB</p> <p>Rotunda.....RO</p> <p>Private Dining Room.....PDR</p> <p>Paperback Library.....PBL</p> <p>Classes/Activities with (***) asterisks have limited space. Please call Concierge to reserve your spot.</p> </div>		