

Parc at Piedmont - The Terraces

APRIL 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>9:45 Calm Corner</p> <p>10:00 Seated Strength</p> <p>11:00 Pokeno- LR</p> <p>2:00 Puttin' Golf</p> <p>3:00 Walk the Parc</p>	<p>1</p> <p>9:45 Tranquil Time</p> <p>10:00 Sit & Stretch</p> <p>11:00 Bingo - LR</p> <p>2:30 Outing: Dollar Tree</p> <p>3:30 Matinee Movie - TR</p>	<p>2</p> <p>NATIONAL CHOCOLATE MOUSSE DAY</p> <p>9:45 Calm Corner</p> <p>10:00 Cushion Cardio</p> <p>11:00 Bingo - LR</p> <p>2:00 Try the Mousse! - varieties of chocolate mousse</p> <p>3:00 Walk the Parc</p>	<p>3</p> <p>9:45 Tranquil Time</p> <p>10:00 Chair Fitness</p> <p>11:00 Pokeno- LR</p> <p>2:00 Rummikub- LR</p> <p>3:00 Walk the Parc</p>	<p>4</p> <p>9:45 Calm Corner</p> <p>10:30 Physiotainment w/ Paul James</p> <p>11:00 Bingo - LR</p> <p>2:30 Happy Hour w/ Richard Wagenor</p> <p>3:30 Daily Delight: Jeopardy!</p>	<p>5</p> <p>2:00 Daily Delight: Word Mining</p> <p>3:00 Walk the Parc</p>	
<p>7</p> <p>9:45 Calm Corner</p> <p>10:00 Seated Strength</p> <p>10:30 PIANO HYMNS - LR</p> <p>11:00 Pokeno- LR</p> <p>2:00 Marvelous Manicures</p> <p>3:00 Walk the Parc</p>	<p>8</p> <p>9:45 Tranquil Time</p> <p>10:00 Sit & Stretch</p> <p>11:00 Bingo - LR</p> <p>2:30 Outing: Scenic Tour</p> <p>3:30 Matinee Movie - TR</p>	<p>9</p> <p>9:45 Calm Corner</p> <p>10:00 Cushion Cardio</p> <p>11:00 Bingo - LR</p> <p>2:00 Chef Chats</p> <p>3:00 Walk the Parc</p>	<p>10</p> <p>9:45 Tranquil Time</p> <p>10:00 Chair Fitness</p> <p>11:00 Pokeno- LR</p> <p>2:00 Tippy Trivia</p> <p>3:00 Walk the Parc</p>	<p>11</p> <p>9:45 Calm Corner</p> <p>10:00 Chair Yoga</p> <p>11:00 Bingo - LR</p> <p>2:30 Tea Time- Get To Know Me</p> <p>3:30 Daily Delight: Jeopardy!</p>	<p>12</p> <p>2:00 Daily Delight: Word Mining</p> <p>3:00 Walk the Parc</p>	
<p>14</p> <p>9:45 Calm Corner</p> <p>10:00 Seated Strength</p> <p>10:30 PIANO HYMNS - LR</p> <p>11:00 Pokeno- LR</p> <p>2:00 Puttin' Golf</p> <p>3:00 Take a Wild Guess and a Sip!</p>	<p>15</p> <p>NATIONAL PAJAMA DAY</p> <p>9:45 Tranquil Time</p> <p>10:00 Sit & Stretch</p> <p>11:00 Bingo - LR</p> <p>2:30 Outing: Kohl's</p> <p>3:30 Matinee Movie - TR</p>	<p>16</p> <p>NATIONAL BANANA DAY</p> <p>9:45 Calm Corner</p> <p>10:00 Cushion Cardio</p> <p>11:00 Bingo - LR</p> <p>2:30 LET'S GO BANANAS! Banana themed snack-time!</p> <p>3:00 Walk the Parc</p>	<p>17</p> <p>9:45 Tranquil Time</p> <p>10:00 Chair Fitness</p> <p>11:00 Pokeno- LR</p> <p>2:00 Tippy Trivia</p> <p>3:00 Walk the Parc</p>	<p>18</p> <p>9:45 Calm Corner</p> <p>10:30 Physiotainment w/ Paul James</p> <p>11:00 Bingo - LR</p> <p>2:00 Happy Hour feat Music to My Ears</p> <p>2:00 Daily Delight: Jeopardy!</p>	<p>19</p> <p>2:00 Daily Delight: Word Mining</p> <p>3:00 Walk the Parc</p>	
<p>21</p> <p>9:45 Calm Corner</p> <p>10:00 Seated Strength</p> <p>10:30 PIANO HYMNS - LR</p> <p>11:00 Pokeno- LR</p> <p>2:00 Marvelous Manicures</p> <p>3:00 Walk the Parc</p>	<p>22</p> <p>NATIONAL PICNIC DAY</p> <p>9:45 Tranquil Time</p> <p>10:00 Sit & Stretch</p> <p>11:00 Bingo - LR</p> <p>2:00 Picnic at the Park</p> <p>3:30 Matinee Movie - TR</p>	<p>23</p> <p>9:45 Calm Corner</p> <p>10:00 Cushion Cardio</p> <p>11:00 Bingo - LR</p> <p>2:00 Tippy Trivia</p> <p>3:00 Walk the Parc</p>	<p>24</p> <p>9:45 Tranquil Time</p> <p>10:00 Chair Fitness</p> <p>11:00 Pokeno- LR</p> <p>2:30 Happy Hour w/ Bill Gleeson</p> <p>3:00 Walk the Parc</p>	<p>25</p> <p>9:45 Calm Corner</p> <p>10:00 Chair Yoga</p> <p>11:00 Bingo - LR</p> <p>2:30 Daily Delight: Jeopardy!</p> <p>3:30 Walk the Parc</p>	<p>26</p> <p>2:00 Daily Delight: Word Mining</p> <p>3:00 Walk the Parc</p>	
<p>28</p> <p>9:45 Calm Corner</p> <p>10:00 Seated Strength</p> <p>10:30 PIANO HYMNS - LR</p> <p>11:00 Pokeno- LR</p> <p>2:00 Puttin' Golf</p> <p>3:00 Walk the Parc</p>	<p>29</p> <p>9:45 Tranquil Time</p> <p>10:00 Sit & Stretch</p> <p>11:00 Bingo - LR</p> <p>2:30 Outing: Bubble Tea</p> <p>3:30 Matinee Movie - TR</p>	<p>30</p>				<p>KEY</p> <p>Dining Room.....DR</p> <p>Living Room.....LR</p> <p>Media Room.....MR</p> <p>Private Dining Room.....PDR</p> <p>Independent Living Rotunda.....IL RO</p> <p>Courtyard.....CYTD</p> <p>Fitness Center.....FC</p> <p>PCH Media Room.....PMR</p> <p>Indep Living Media Room.....IL MR</p> <p>Rotunda.....ROT</p> <p>*** Limited Availability. Please check in with Concierge to sign up</p>